

Confession & Healing

Free yourself to new dimensions in God

- “Your iniquities have become a separation between you and your God, and your sins have hidden His face from you so that He does not hear.” Isa 59:2

Approaching Healing

Methodology to approach the topic of Healing:

- OT traditions of divine healing (e.g., Richardson 1941, Fuller 1963, and Brown 1971);
- historical perspective (van der Loos 1965, Kee 1986);
- Form-critically (e.g., Achtemeier 1970, 1972);
- The history-of-religious perspective (Smith 1971, Tiede 1972, Kee 1973 and 1986, Hull 1974);
- In continuity with later church history (Kelsey 1973);
- From the redaction-critical perspective (e.g., Held 1963 and Achtemeier 1975);
- As narratives with symbolic dimensions (Hamm 1986);
- From perspectives of the various social sciences (McCasland 1951, Hollenback 1981, Theissen 1983, and Pilch 1988).

Healing

- Healing is a gift from God
- 8 To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, 9 to another faith by the same Spirit, to another **gifts of healing** by the one Spirit, 10 to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. 11 All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses. 1 Co 12:8–11.

Healing

- Healing is a divine gift from God
- 17 One day, while he was teaching, Pharisees and teachers of the law were sitting near by (they had come from every village of Galilee and Judea and from Jerusalem); and the power of the Lord was with him to heal. [Lk 5:17](#).
- This Lukan interpretation of Jesus' healing as a kind of prophetic gift is most explicit at Acts 10:38, where the healing work is an effect of divine anointing with the Holy Spirit and power. Luke also understands healings in the ministry of the disciples according to the same model of prophetic gift.

Healing

- Healing is a divine gift from God
- 38 how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. Ac 10:38.

Let the healing begin

- So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal. ([2 Cor 4:16-18](#))

When Healing doesn't come as you expected

- Had God noticed their prayers? Had he even listened? Did they not pray enough? Was their faith too meager? How could God ignore her, when she was so faithful to him?

“God *can* heal us, we must never presume that he *must*.”

- Genesis 50:20 New International Version (NIV)
- 20 You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

When Healing doesn't come as you expected

- Have you surrendered yourself to God?
- Are you wanting to know him better? Do a check of your relationship.
- Let God work through you. Go with the flow and keep living life.
- Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go” (Joshua 1:9).
- Regardless if you are physically healed or not, God is with you in the journey.
- See yourself as being healed when you are sick.

Let the healing begin

- **Sickness is not always about us**
- Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that **we may be able** to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. ([2 Cor 1:3-4](#))
- *Three different times I begged the Lord to take it away. Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. (NLT) 2 Corinthians 12:8-9*

Let the healing begin

- **You are in Need of Deliverance first**
- One Sabbath day as Jesus was teaching in a synagogue, he saw a woman who had been crippled by an evil spirit. She had been bent double for eighteen years and was unable to stand up straight. When Jesus saw her, he called her over and said, "Dear woman, you are healed of your sickness!" Then he touched her, and instantly she could stand straight. How she praised God! (Luke 13:10-13)

Let the healing begin

- **Your Sickness is for God's Glory**

- **John 11:3-4**

- ³ So the sisters sent word to Jesus, "Lord, the one you love is sick."
- ⁴ When he heard this, Jesus said, "This sickness will not end in death. No, it is for God's glory so that God's Son may be glorified through it."

- John 11: 1-40

- ⁴⁰ Jesus responded, "Didn't I tell you that you would see God's glory if you believe?" ⁴¹ So they rolled the stone aside. Then Jesus looked up to heaven and said, "Father, thank you for hearing me. ⁴² You always hear me, but I said it out loud for the sake of all these people standing here, so that they will believe you sent me." ⁴³ Then Jesus shouted, "Lazarus, come out!" ⁴⁴ And the dead man came out, his hands and feet bound in graveclothes, his face wrapped in a headcloth. Jesus told them, "Unwrap him and let him go!"

Let the healing begin

- **Your Sickness is for God's Glory**
- Romans 5:3-5 New International Version (NIV)
- ³ Not only so, but we^[a] also glory in our sufferings, because we know that suffering produces perseverance; ⁴ perseverance, character; and character, hope. ⁵ And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

Let the healing begin

- **Your Sickness will be healed in God's time**
- *He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever. (Revelation 21:4, NLT)*

Ways to Release Healing

Healing through the Elders of the Church

James 5:14-15

- “Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.”

Healing through your heart attitude

Proverbs 17:22

- “A cheerful heart is good medicine, but a crushed spirit dries up the bones.”

Ways to Release Healing

- Healing through Worship
- Exodus 23:25
- "Worship the LORD your God, and his blessing will be on your food and water. I will take away sickness from among you..."

- Healing through confession
- James 5:6
- "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

Ways to Release Healing

- Healing through grace
 - Matthew 8:1-3
 - ". . . and there was a leper who came to him and knelt before him, saying, 'Lord, if you choose, you can make me clean.' He stretched out his hand and touched him, saying, 'I do choose. Be made clean!' Immediately his leprosy was cleansed.
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- Healing through prayer
 - 2 Kings 20:5
 - "Thus says the Lord, the God of your ancestor David: I have heard your prayer, I have seen your tears; indeed, I will heal you; on the third day you shall go up to the house of the Lord."

Prayer harder

- **Luke 18:1–8**
- **18** Then Jesus told his disciples a parable to show them that they should always pray and not give up. ² He said: “In a certain town there was a judge who neither feared God nor cared what people thought. ³ And there was a widow in that town who kept coming to him with the plea, ‘Grant me justice against my adversary.’
- ⁴ “For some time he refused. But finally he said to himself, ‘Even though I don’t fear God or care what people think, ⁵ yet because this widow keeps bothering me, I will see that she gets justice, so that she won’t eventually come and attack me!’”
- ⁶ And the Lord said, “Listen to what the unjust judge says. ⁷ And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? ⁸ I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?”

- Healing through faith
- Matthew 9:20–22
- "Then suddenly a woman . . . came up behind him and touched the fringe of his cloak, for she said to herself, 'If I only touch his cloak, I will be made well.' Jesus turned, and seeing her he said, 'Take heart, daughter; your faith has made you well.'"
- -Get a brush of the Holy
- Matthew 9: 28–30
- "Then he touched their eyes [of the blind men] and said, 'According to your faith let it be done to you.' And their eyes were opened."

- Healing through praise
 - Jeremiah 17:14
 - "Heal me, O Lord, and I shall be healed; save me, and I shall be saved; for you are my praise."
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- Healing through reverence
 - Malachi 4:2
 - "But for you who revere my name the sun of righteousness shall rise, with healing in its wings. You shall go out leaping like calves from the stall."

- Healing through his Authority
- Matthew 9:6–7
- "But so that you may know that the Son of Man has authority on earth to forgive sins—he then said to the paralytic—'Stand up, take your bed and go to your home.' And he stood up and went to his home."
- Matthew 10:1 New International Version (NIV)
- 10 Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness.

Keep looking

- ⁴⁰ Then Elijah commanded them, “Seize the prophets of Baal. Don’t let anyone get away!” They seized them, and Elijah had them brought down to the Kishon Valley and slaughtered there.
- ⁴¹ And Elijah said to Ahab, “Go, eat and drink, for there is the sound of a heavy rain.” ⁴² So Ahab went off to eat and drink, but Elijah climbed to the top of Carmel, bent down to the ground and put his face between his knees.

Keep looking

- ⁴³ “Go and look toward the sea,” he told his servant. And he went up and looked.
- “There is nothing there,” he said.
- Seven times Elijah said, “Go back.”
- ⁴⁴ The seventh time the servant reported, “A cloud as small as a man’s hand is rising from the sea.”
- So Elijah said, “Go and tell Ahab, ‘Hitch up your chariot and go down before the rain stops you.’”
- ⁴⁵ Meanwhile, the sky grew black with clouds, the wind rose, a heavy rain started falling and Ahab rode off to Jezreel. ⁴⁶ The power of the LORD came on Elijah and, tucking his cloak into his belt, he ran ahead of Ahab all the way to Jezreel.