

Confession & Healing

Free yourself to new dimensions in God

- “When God’s light first shines into my heart my one cry is for forgiveness, for I realize I have committed sins before him; when once I have received forgiveness of **sins** I make a new discovery, namely, the discovery of **sin**, and I realize not only that I have committed sins before God but that there is something wrong within. I discover that I have **the nature of a sinner.**” (p. 3) – Watchman Nee
- A child is not taught to lie or to take something they want. You wanted it because it was tempting to you. Temptation took you over.
- When a child is caught by their parents, what do they do?



What causes someone to cry?

- A natural response to certain feelings, circumstances and occasions.
- Beauty, Acceptance
- Hurt, Pain, Rejection
- Sadness
- Sickness
- Bad news
- Good news
- Manipulation
- Fear, Embarassment

The Soul needs care

- An emotional state, a deep inner place within the soul is sparked to invoke an emotional outburst.
- It can be from a deep emotional state either fabricated or real.
- Children fear their parents. Why?
 - Authority
 - Respect
 - Provider
 - Strength
 - Safety
- Do the parents have someone higher than them they fear?

The Soul needs care

- Parents should fear God. Why?
 - Authority
 - Respect
 - Provider
 - Strength
 - Safety
- What does a child go through being separated from their parents?
- What does a parent go through being separated from their children?
- What does God feel like being separated from his creation?

Instructions before Separation

- Instructions
- (16) And the LORD God commanded the man, saying, "You may freely eat of every tree of the garden; (17) but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Genesis 2:16-17

Separation

- (7) Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves aprons. (8) And they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden. (9) But the LORD God called to the man, and said to him, "Where are you?" (10) And he said, "I heard the sound of thee in the garden, and I was **afraid**, because I was naked; and I hid myself."

Genesis 3:7-10

The repercussions of Separation

- No one had to tell them they did wrong – they knew
- They looked at things differently than before
- Immediately, they knew they did something wrong
- They felt exposed and wanted to cover up and hide
- They lost their virtue– their pureness --- their connection – their sense of love
- With (worldly)maturity, people become distrustful, sophisticated, competitive, cynical, suspicious, sarcastic, prejudiced, self-centered, and lovers of self rather than lovers of people. It is sin that drives people apart and creates fear.

The repercussions of Separation

- David says in Psalms 40:11-13:
- Do not withhold Your tender mercies from me, O LORD; let Your lovingkindness and Your truth continually preserve me. For innumerable evils have surrounded me; my iniquities have overtaken me, so that I am not able to look up; they are more than the hairs of my head; therefore my heart fails me. Be pleased, O LORD, to deliver me; O LORD, make haste to help me!

The repercussions of Separation

- Paul reminds Titus, "To the pure all things are pure, but to those who are defiled and unbelieving nothing is pure; but even their mind and conscience are defiled" (Titus 1:15).
- Were they ashamed when they had committed abomination? No! They were not at all ashamed; nor did they know how to blush. Therefore they shall fall among those who fall; at the time I punish them, they shall be cast down," says the LORD. Jer 6:15

Separation

- What did God do?
- He EXILED them from the Garden
- Gen 3:22-24 Then the LORD God said, "Behold, the man has become like one of us, knowing good and evil; and now, lest he put forth his hand and take also of the tree of life, and eat, and live for ever. Therefore the LORD God sent him forth from the garden of Eden, to till the ground from which he was taken. He drove out the man; and at the east of the garden of Eden he placed the cherubim, and a flaming sword which turned every way, to guard the way to the tree of life.

Separation

- What is wrong with this?
- Then the LORD God said, "Behold, the man has become like one of us, knowing good and evil; and now, lest he put forth his hand and take also of the tree of life, and eat, and live for ever.
- God would not allow man to corrupt paradise.
- Man being lower than angels, could not share in eternity being corrupted.
- No paradise. No dominion. No rest. Trouble on every side.

Separation

- Sin gave us a debased mind that drifted us away from HIS mind
- God makes provisions to be in communication with HIS creation from a distance
- Burnt offerings to cover the animal slain (to cover up the sin)
- God wants us to know HIM as our Provider
- "You shall have no other gods before me. You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God,..."
(Deut 5:7-9) NIV

Separation and exile to bring repentance

- Mark 1:15 come in the form of an urgent command: "The time is fulfilled, and the kingdom of God is at hand. Repent, and believe in the gospel." Not only does Christ come to announce the soon-coming Kingdom of God, in particular to those whom God calls (John 6:44), but also to prepare the elect for their spiritual responsibilities now and in the Kingdom.
- Thus it is written, and thus it was necessary for the Christ to suffer and to rise from the dead the third day, and that *repentance* and *remission of sins* should be preached in His name to all nations, beginning at Jerusalem. (Luke 24:46-47)

Separation and exile to bring repentance

- Isaiah 59:1-2 tells us what happens when we sin:
- “No, Jehovah’s hand is not so short that it cannot save; nor is His ear so heavy that it cannot hear. But your iniquities have become a separation between you and your God, and your sins have hidden His face from you so that He does not hear.”
- “But if we walk in the light as He is in the light, we have fellowship with one another, and **the blood of Jesus His Son** cleanses us from every sin. If we say that we do not have sin, we are deceiving ourselves, and the truth is not in us. If we **confess** our sins, He is faithful and righteous to **forgive us our sins** and cleanse us from all unrighteousness.”

Steps to healing the broken relationship

- **The Blood cleanses us from every sin**
- Prayer -- Heal me, LORD, and I will be healed; save me and I will be saved, for you are the one I praise. Jeremiah 17:14

The need for confession

- **Why confess?**
- If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. I Jn 1:9 (NIV)
- Proverbs 28:13 tells us, “He who covers his transgressions will not prosper, but whoever confesses and forsakes them will obtain mercy.”
- **Who are we to confess to?**
- God, who walked on Earth..... His name is Jesus